November Menu 2019

Mon	Tue	Wed	Thur	Fri
Home Delivered Meal Clients are Encouraged to Make a \$3.00 Per Meal Donation by Using the Envelope Provided by the Driver.	Meals: 60+ \$3.00 Suggested Meal Donation Take Outs & Under 60 \$5.00	Lunch Served Daily Mon - Fri @ 11:45pm Breakfast Served Monday through Friday @ 8:30am		1 Hot Ham & Cheese Sandwich Potato Soup Fruit
4 Dressed Chicken Sandwich Baked Chips Coleslaw Rice Crispy Treats	5 Lasagna Corn Green Beans Garlic Bread Brownie	6 Brisket Plate Mixed Vegetables Roasted Potatoes WW Roll	7 Fried Fish Pinto Beans Seasoned Greens Cornbread Berry Crisp	8 Turkey Sandwich Vegetable Soup Crackers Broccoli Salad Fruit
Veteran's Day	Chicken Pot Pie Mashed Potatoes Broccoli Salad Pumpkin Cake w/ Cream Cheese Icing	Baked Cod Green Beans Glazed Carrots Hot Biscuit	Ham Baked Sweet Potato 1/2 Braised Cabbage WW Roll	Chicken Fried Steak Garlic Mashed Potatoes Roasted Vegetables WW Roll
18 Catfish Pinto Beans Seasoned Greens Cornbread Fruit Cobbler	19 Hearty Beef Stew Deli Salad w/Boiled Egg Cornbread	20 Chicken & Wild Rice Roasted Broccoli Cranberry Chutney	21 Spaghetti w/Meat Sauce Vegetable Medley Fruit Garlic Bread	Turkey Dressing w/ Gravy Cranberry Sauce Sweet Potatoes Roll
25 Beans w/Ham Fried Potatoes Seasoned Greens Cornbread Banana Pudding w/ Wafers	26 Chili Cornbread Mixed Green Salad Cookie	Fettuccini Alfredo w/ Chicken Peas & Carrots Garlic Toast Fruit	28 CLOSED FOR THANKSGIVING	29 CLOSED Have a Safe and Blessed Holiday!

Barbara Karber					
Steve Clark					
Linda Jackson					
Vernon Brown					
Colene Parker					
Frankie Fitch					
Rex Hazel					
Gerald Self					
Cyndi Hudgins					

Ruth Robbins Ervin Young Max Bolinger Sharon Lytle Shirley Wilson Luke LeBoeuf Theresa Rogers Susan Hillye

Billie Tucker Jovetta Siler Donnie Grigg Lonnie Siler Vaughn Denzer Jackie Dupriest Karra Sams Maxine Boatright

BIRTHDAYS

John Caetano Michael LeBoeuf Leon Lauber WJ Combs Madell Woods Evelyn Ham Susan Siegele Billy Newcomb Gerald Callahan Bob Rutz Kathy Sikes Mary Crow Virgil Bohlen Betty Hayes Sarah Robinson Leona Parrott

November Activities 2019

Mon	Tue	Wed	Thur	Fri
Silver Sneakers Stability Tai Chi Yoga Dance Fitness	9am Mon. Wed. Fri. 10am Friday 10am Mon. & Wed. 6pm Wednesdays 6pm Tue, Thur & Fri	Walking Trail Puzzles Dominoes Cards Exercise Equipment Pool Table Available Monday thru Friday		1 Bingo 10am
4 Bingo 10 am Sponsored By Legacy Hospice Special drawing held	5 Highlighters Band 10am Art Class 1pm Blood Pressure Check	6 Chair Volleyball Zentangle Class 3-5pm	7 Fall Drive & Lunch at KFC in Berryville Leave at 8:15am	8 Pancake Breakfast in Honor of Veterans at 8:30am
11 Closed Remember Our VETERANS	12 Highlighters Band 10am Art Class 1pm Blood Pressure Check	Circle of Friends Marion Johnson Blue Grass 10am Zentangle Class 3-5pm	14 Spades Tournament ALL DAY	15 Disaster Preparedness "Winter" Dinner out at Garibaldi Mexican Restaurant in Huntsville - Leave at 4:30pm
18 Bingo 10am Sponsored by Rick's Disposal Service Ladybugs EHC	19 Highlighters Band 10am Art Class 1pm Blood Pressure Check	20 Chair Volleyball Zentangle Class 3-5pm	21 Mobile Pantry NWA Food Bank 1pm	Thanksgiving Celebration at Center
25 Bingo 10am Sponsored by Aurora Church of Christ	26 Highlighters Band 10am Blood Pressure Check	27 Marion Johnson Blue Grass 10am Zentangle Class 3-5pm	28 CLOSED	29 CLOSED



Madison County Senior Activity & Wellness Center 903 N. College Avenue Huntsville, AR 72740 479.738.2750 Barbara Smith, Director





Madison County
Extension
Homemakers
will be Decorating our
Center for Christmas on
Saturday, November 23rd